



# Ibnosina Outreach Newsletter

March 2007

Volume 1, Number 1

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### IMA website

Be Part of a team

[www.ibnosinahealth.org](http://www.ibnosinahealth.org)

Ljm website

[www.ljm.org.ly](http://www.ljm.org.ly)

Volume 2

### Contact Us

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Dr. Elmahdi Elkhammas

## Welcome

Ibnosina Medical Association is an international association founded by a group of Libyan physicians to fulfill several objectives. The main objective of the association is focus on spreading medical education. It publishes an open access medical journal (Libyan Journal of Medicine, [www.ljm.org.ly](http://www.ljm.org.ly)) and works to increase collaboration between physicians internationally with a special interest to Libyan doctors. You may visit the website for more details ([www.ibnosinahealth.org](http://www.ibnosinahealth.org)).

An e-mail newsletter to stay in touch with the IMA members is a new important step. We hope it will be an effort that all members find useful and all members are able to participate.

It is a modest start with vision to grow and bring members together. Ibnosina is for doctors and public alike. We hope to spread medical education. We also hope to spread public education. We are open to criticism and new ideas. Please feel free to write to us any time your like. We are grateful for Dr. Elhadi Aburawi and Dr. Nezar Jrebi to accept responsibility for editing the news letter. For scientific news that is related to Libyan physicians, please contact Dr. Aburawi or Dr. Jrebi.

## The Case of the Libyan HIV-1 Outbreak



In March issue of Ljm Dr. Omar Bagasra wrote about the dilemma of the HIV outbreak in a Libya children hospital. We are anticipating a major debate about the issue. The article is recommended for reading to familiarize your self with the topic and the following correspondence.

## Ibnosina projects



Ljm just completed the 1<sup>st</sup> issue of the 2<sup>nd</sup> volume. It has many interesting articles. It is recommended to have a look at this

### Paltalk activity

Speaker: Dr. Hisham Ziglam

Topic: Hepatitis B, C

Date: March 18, 2007

Time: 10 PM Libyan time

Place: Libya-ibnosinahealth paltalk room

## Do you know?

### Who is Ibnosina (Avicenna)?

He is the well known physician and philosopher Avicenna. He was born on Russian land and died in Persia. He became famous and well known during the Islamic civilization. His books were taught across the globe for several centuries. He is the role model for Ibnosina Medical Association and we like to follow his message of spreading medical knowledge. (ibnosinahealth.org)

### Who did the first successful kidney transplant?

In 1954- Joseph E. Murray and his colleagues at Peter Bent Brigham Hospital in Boston performed the first truly successful kidney transplant from one twin to another. This

issue and hope for a feed back.

The association is a project oriented association. Currently is being run by an acting body. The following projects are the main line of activity for the association:

1. Ibnosina Monthly paltalk lectures. We restarted in February 2007 with a talk about obesity. We like to have three teams taking over in running this project. For further details contact Dr. Hani Benamer or Dr. Elmahdi Elkhammas
2. Collaboration with Dr. Mohamed Elfortia regarding visits by medical teams to the southern part of Libya is underway. Dr. Omran Bakoush is the coordinator for this project. If you feel you may help please contact Dr. Bakoush for details

## News



Medical training in USA

**Paltalk presentation:** On Feb 11, 2007, Dr. Abusnana presented a lecture and open discussion about Obesity. The title of his lecture was Obesity: treatment challenges in 2007. Dr Hani Benamer, acting vice chairman of IMA council moderated the session. Dr. Abusnana discussed the causes of obesity and stressed that it may cause life threatening problems. He gave examples of its association with diabetes, high blood pressure and possible cancer.

Obesity is a worldwide problem where it consumes about 10% of health insurance claims in some areas. In the United States alone, over 117 billion dollars are spent annually on obesity health related issues and time lost from work.

Dr. Nezar Jrebi prepared a presentation titled road map to residency in the United States. His presentation is posted on IMA website. He also prepared a collection of questions that are usually being asked during a residency interview. You have to be a member of IMA to be able to view the presentation.

Nezar will deliver a presentation as part of Ibnosina paltalk room activities during the month of April 2007. we hope that medical students and potential residents will be able to attend and participate

**Medical Directory:** Based on request from some

was done without any immunosuppressive medication.

### **Who did the first liver transplant?**

The first human liver transplant was done in 1963 by Dr. Thomas Starzl of Denver, Colorado and by Sir Roy Calne of the University of Cambridge

### **Who discovered insulin?**

The Nobel Prize committee in 1923 credited the practical extraction of insulin to a team at the University of Toronto and awarded the Nobel Prize to Macleod and Banting for the discovery of insulin.

*All news about the activities of Ibnosina Medical Association members is welcomed. Any news about activities of Libyan physicians and medical professionals are also welcomed*

## **HELP**

**We are seeking candidates to translate medical news, articles and leaflets to the Arabic language for the purpose of continuing patient education. All Ibnosina members are invited to participate. If any Arabic doctors want to contribute, we will be delighted to hear from them. Please contact us on the above E-mail**

colleagues, Ibnosina is interested in creating a medical directory for the Libyan Physicians. All ideas are accepted. We think it will be a valuable resource for all of us. Also it may help increasing collaboration among Libyan Physicians.



**Observership program:** The association is trying to launch a program to allow young physicians to spend some time with senior doctors in different specialties. We hope for more discussions regarding this point to mature it and implement the idea with the most likely way for success. You may contact Dr. Nezar Jrebi for details.



Tripoli Medical Center, through its respective campus and facilities, is welcoming any opinions and collaborations from Libyan doctors inside or outside the country to improve its performance and provide better health care for its patients. For more information and help please contact: Dr. Omran Shamam, General Director ([dr\\_shamam@hotmail.com](mailto:dr_shamam@hotmail.com)) or Dr. Salem Zarroug ([szarroug@alshefa.org](mailto:szarroug@alshefa.org))

تعلم غرفة ابن سينا الطبيه عن استمرارها في مناقشة القضايا الصحيه التي تخص المواطن والطبيب يوم الاحد الموافق 18 مارس 2007.

**الوقت: 10:00 مساء بتوقيت ليبيا - 3:00 مساء بتوقيت واشنطن.**  
**الموضوع: التهاب الكبد الوبائي (ب ، ج )**  
**ضيف الحلقة: الدكتور هشام زقلام**

بإمكانكم الحصول على معلومات واستشارات طبية او ارسال استفساراتكم على عنوان الغرفة: [Ibnosina@gmail.com](mailto:Ibnosina@gmail.com)

عن فريق ابن سينا

د. هاني بن عامر  
د. المهدي الخماس

